



## Type for C-Card information leaflet

### What is it?

C-Card is friendly, confidential and easy to use. You can find C-Card points in colleges, youth clubs, Connexions, GPs, pharmacy.

C-Card is a condom distribution scheme where young people under 25 who live in Gloucestershire. You can get free condoms from any of the distribution outlets.

### How does it work?

You need to register for the scheme at a registration centre. You will be asked to complete a registration form, all of the information you provide will be kept confidential. If you don't want to give us any information, that is fine. You will still be able to get condoms.

You will then be given a C-Card which you can use at any of the distribution points. It will have a number on; this is your C-Card.

### What will my C-Card experience be like?

It's important to us that you have a good experience using C-Card. C-Card is confidential and workers will be friendly, welcoming and treat you with respect. All C-Card workers are trained to give you a high quality service so if it's not like this please contact us to let us know.

#### Confidential

C-Card is confidential. This means that information you give to a C-Card worker will remain private and confidential unless the worker believes that you are at risk of harm or harming others.

This means that even if you are under 16 we won't tell your parents, guardians, your doctor, your school or anyone else that you are using C-Card unless we think you are being harmed - it's up to you who you tell.

#### Respect

C-Card workers will treat you fairly and with respect at all times.

#### Friendly and welcoming

C-Card workers will provide a friendly and welcoming service to all people. C-Card is open to everyone whatever your sexuality.

Registration and Distribution Centres:

**CHELTENHAM AREA:**

Aggs Gardner Pavillion, St Paul's (Near Leisure @ Cheltenham)  
Monday 6pm-9pm and Wednesday 6pm-9pm

**Alchem Pharmacy Springbank Community Resource Centre Cheltenham**  
**Monday- Friday 9am-6pm Distribution only**

**Badham Pharmacy 6 Prestbury Road Pittville Cheltenham**  
**Monday-Friday 9am-1pm 2pm-6pm Saturday 9am-Noon Distribution only**

**Boots The Chemist Gallagher Retail Park Cheltenham**  
**Monday-Friday 9am-2pm 3pm-8pm Saturday 9am -2pm 3pm-7pm**  
**Sunday 10.30am-4.30pm Distribution only**

Brizen Young People's Centre,  
Monday 7pm-9pm and Thursday 7pm-9pm

Charlton King's Youth Club, Church Place, Charlton King's  
Tuesday 4:30pm-6:30pm

**Charlton Kings Childrens Centre Charlton Kings Library Church St**  
**Monday& Thursday 9am-4.30pm**

**Hawkes Pharmacy 52 Windermere Road Cheltenham**  
**Monday-Friday 9am-1pm 2pm-6pm Saturday 9am-1pm Distribution only**

**Leckhampton Childrens Centre Hall Road Leckhampton**  
**Thursday 9am-Noon**

**Lloyds Pharmacy 56-58 Edinburgh Place Cheltenham**  
**Monday-Friday 9am-6pm Saturday 9am-5pm Distribution only**

**Lloyds Pharmacy 121 Swindon Road St Paul's Medical Centre**  
**Monday-Saturday 8am-10.30pm Sunday 9am-10pm Distribution only**

Naunton Park Youth Project, Leckhampton.  
Tuesday 7pm-9pm and Thursday 7pm-9pm

Oasis Youth Centre, Cassin Drive, Coronation Square  
Tuesday 4:30pm-6:30pm

**Rowlands Pharmacy AXA College Pharmacy 139 Bath Road Cheltenham  
Monday-Saturday 9am-5.30pm Distribution only**

**St Marks Pharmacy 80 Tennyson Road Cheltenham  
Monday-Friday 9am-6pm Saturday 9am-1pm Distribution only**

Whaddon Youth Centre, Dart Road  
Monday, Tuesday, Thursday, Friday 7pm-9pm  
Wednesday 3.30pm-5pm

### **COTSWOLDS AREA:**

**Connexions Drop In The Lodge 47 Lewis lane Cirencester  
Monday-Friday 10am-1pm**

**Chesterton Pharmacy 16 Chesterton Lane Cirencester  
Monday-Friday 8.30am-6pm Saturday 8.30am-1pm Distribution only**

**Cirencester College Fosse Way Campus Stroud Road Cirencester  
For current college students Monday-Friday 9am-4pm**

**G Horton Ltd Pharmacy 7 Market Place Cirencester  
Monday-Saturday 9am- 5.30pm Distribution only**

**Impact Centre Connexions The Lodge 47 Lewis Lane Cirencester  
Tuesday 7pm-9.30pm Thursday 7pm-9.30pm**

Bourton Youth Club  
Monday & Wednesday 7pm-9.30pm

Moreton Youth Club  
Tuesday 7pm-9.30pm

Chipping Campden Youth Club  
Wednesday 7pm-9.30pm

Upper Rissington  
Tuesday 7pm-9.30pm

Fairford Youth Group  
Fairford Community Centre  
Monday 7pm-9.30pm  
Tuesday 6pm-8.30pm

Down Ampney Youth Group  
Village Hall  
Tuesday 6pm-8.30pm

Lechlade Youth Group  
Lechlade Community Hall  
Thursday 7pm-9pm

Withington Youth Group  
Village Hall  
Monday 5.30pm-7.30pm

Farmor's School Indigo Health Project  
Thursday 1pm-2pm

**Royal Agricultural College Stroud Road Cirencester  
Current students only Monday- Friday 9am-9pm**

**Stow Pharmacy Market Square Stow on the Wold  
Monday-Friday 9am-6pm Saturday 9am-5pm Distribution only**

**Stow Youth Centre Fosseyway Stow-on-the-Wold  
Monday & Tuesday 7pm-9pm Wednesday 7pm-9pm Friday 12noon-2pm**

**South Cerney Outdoor Centre Lake 12 Spine Road South Cerney  
Reception Area**

**April 1 – Oct 31<sup>st</sup> Monday - Sunday 9am- 5pm**

**Nov 1- March 31<sup>st</sup> Monday – Friday 9am- 5pm**

**FOREST AREA:**

**Boots 9-11 Market Street Cinderford**

**Monday-Friday 9am-5.30pm Saturday 9am-5pm Distribution only**

Candi Neighbourhood

Cinderford Café Monday and Wednesday 6pm-9pm

Drybrook Café Tuesday 6pm-9pm

Coleford Youth Centre, "Youth" The Main Place, Old Station Way Coleford

Monday 6:30pm-9pm, Tuesday 4pm-9pm, Wednesday 6:30pm-9pm

Thursday 5pm-9:30pm

**Day Lewis Pharmacy 19 Broad Street Newent**

**Monday-Friday 9am-1pm 2pm-5pm Saturday 9am-1pm 2pm-5pm**

**Distribution only**

**Lloyds Pharmacy 41-43 Newent Street Lydney**

**Monday-Friday 9am-6pm Saturday 9am-5.30pm Distribution only**

Lydney Youth & Community Centre Naas Lane Lydney

Monday – Thursday 7:30 pm-9:30pm

**Lloyds Pharmacy 39 Long Street Tetbury**

**Monday-Friday 9am-6.30pm Saturday 9am-5pm Distribution only**

**Robscott Pharmacy High Street Chipping Campden**

**Monday- Friday 9am-1pm 2pm-6pm Saturday 9am-1pm Distribution only**

**Mitcheldean Pharmacy 5 Churchill Way Mitcheldean**

**Monday-Thursday 9am-6.30pm Friday 9am-5.30pm Distribution only**

Newent Youth Centre Ross Road Newent

Senior Club Monday and Thursday 7pm-9:30pm

Inter Club Wednesday 7pm-9:30pm

**Royal Forest Of Dean College Five Acres Campus Berry Hill Coleford**

**Monday-Friday 8.45am-5pm**

Family Tree Children's Centre Bradford's Lane Newent

Monday to Friday 8:30am-4:30pm

**GLOUCESTER AREA:**

Bridge Training Provider, Unit 1, Mill Place One, 90 Bristol Road, Gloucester  
Open Monday- Friday 8:45am-4:45pm

**Asda Pharmacy Bruton Way Gloucester GL1 1DS**  
**Monday-Thursday 9am-8pm Friday 9am-9pm Saturday 8.30am-8pm**  
**Sunday 10am-4pm Distribution only**

**Badham Pharmacy Delta Way Brockworth**  
**Monday-Friday 9am-6pm Saturday 9am-noon Distribution only**

**Badham Pharmacy Rikenel Health Centre Montpellier The Park Gloucester**  
**Monday-Wednesday 8.30am-6pm Thursday-Friday 8.30am-5.30pm**  
**Distribution only**

**Barkey Chemist Ltd 110 High Street Gloucester**  
**Monday-Friday 9am-1pm 2.15pm-6pm Saturday 9am-1pm Distribution**  
**only**

**Lloyds Pharmacy 22 Court Road Brockworth**  
**Monday-Friday 9am-6pm Sat 9am-5.30pm Distribution only**

**Lloyds Pharmacy 19 Holmleigh Parade Tuffley**  
**Monday-Saturday 9am-5.30pm Distribution only**

**Lloyds Pharmacy 1 Old Cheltenham Road Longlevens**  
**Monday-Friday 8.30am-7pm Saturday 9am-5.30pm Distribution only**

**Lloyds Pharmacy St James Quedgeley**  
**Monday-Friday 9am-7pm Saturday 9am-6pm Distribution only**

**Matson Pharmacy 87 Matson Avenue Gloucester**  
**Monday-Friday 9am-6pm Saturday 9am-1pm Distribution only**

**Sainsburys Pharmacy Gloucester Quays**  
**Monday-Friday 7am-11pm Saturday 7am-10pm Sunday 11am-5pm**  
**Distribution only**

**Saintsbrige Pharmacy Asquith Road Gloucester**  
**Monday-Friday 9am-1pm 2pm-6pm Distribution only**

**Tesco Pharmacy 1 St Oswald Road Gloucester**  
**Monday-Saturday 6.30am-10.30 Sunday 10am-4pm Distribution only**

**Oaks Children's Centre Holmleigh Road Tuffley**  
**Monday-Friday 9am- 5pm**

'Ultra violet' young person's health drop-in @ Quedgeley Youth Centre  
Monday

Finlay & Tredworth Children's Centre Tredworth Road Gloucester  
Monday to Friday 9am-5pm open during school holidays

Gloucester College  
Open to students currently enrolled on courses

White City (Matson & Tuffley) Tuffley Community Centre, Holmleigh Road  
Tuesday 7pm-9pm (term time only)

#### **STROUD AREA:**

**Boots the Chemist 70-72 Parsonage Street Dursley**  
**Monday-Saturday 9am-5.30pm Distribution only**

**Co-op Pharmacy 16 Caches Green Road Caincross Stroud**  
**Monday-Friday 9am-6pm Saturday 9am-5.30pm Distribution only**

Stroud College  
Open to students currently enrolled on courses

Cam & Dursley, Cam Youth Centre Thomas Road Cam  
Open Monday & Wednesday 7pm-9:30pm

**Lloyds Pharmacy Rowcroft Medical Centre Rowcroft Retreat Stroud**  
**Monday-Friday 9am-6.30pm Saturday 9am-1pm Distribution only**

Nailsworth Youth Club Nailsworth Road Nailsworth  
Tuesday 7pm-9pm, Thursday 6pm-8pm Friday 6:30pm-8:30pm (term time only)

**Painswick Pharmacy New St Painswick**

**Monday-Friday 9am-1pm 2pm-4pm Saturday 9am – noon Distribution only**

**Tesco Pharmacy Stratford Road Stroud**

**Monday-Saturday 8am-8pm Sunday 10am-4pm Distribution only**

Wotton Under Edge Youth Centre Rope Walk Wotton under Edge

Monday 7pm-9pm Tuesday 6pm-9:30pm Thursday 7pm-9:30

**Stonehouse Pharmacy High Street Medical Centre High Street**

**Stonehouse Distribution only**

**Monday-Friday 8.45am- 6.30 Saturday 9am-5.30pm**

**TEWKESBURY AREA:**

**Boots The Chemist 92-93 High Street Tewkesbury**

**Monday – Saturday 8.30am-5.30pm Sunday 11am – 5pm Distribution only**

**Badham Pharmacy 4 Stoke Road Bishops Cleeve**

**Monday – Friday 9am-12.30pm 2.30pm-6.30pm Saturday 9am-noon Distribution only**

Bishops Cleeve Youth centre Church Road Bishops Cleeve

Monday 7pm-9:30pm Tuesday 7pm-9:30pm Thursday 7pm-9:30pm

Church Street Practice 77 Church Street Tewkesbury

Contact reception during surgery hours for condoms

Swift Clinic -Young people only sexual health Clinic

Monday & Thursday 3.45pm-5.45 pm

Tewkesbury Youth Centre Link Road Tewkesbury

Monday 7pm-9:30pm Tuesday 7.30pm-9:30pm Wednesday 6pm-10pm

Thursday 7pm-9:30pm

Winchcombe Youth Centre 8 Gretton Road Winchcombe

Monday 7.30pm-10pm Tuesday 7:30pm -10pm Thursday 7pm – 9:30pm

Horizons Youth Centre Cheltenham Rd East Churchdown

Monday & Wednesday 7pm-9pm